



This example was  
created by Chris from VALID  
for training purposes only

## Betty's NDIS Plan

Name: Betty Blogs

**VALID**

NDIS Number: 100 100 300

**Plan starts: 20 December 2015**

**Plan will be reviewed by: 19 December 2017**

**NDIS will contact me about my plan review before this plan ends.**

**If I have any questions or my circumstances change, I need to contact:**

Regional Support Officer: Sharon XXX

**The contact details for my local NDIS office are:**

**Address: 251 Murray Road, Preston VIC 3072**

Open 8.30am-4.30pm Mon-Fri

**Phone: 1800 800 110**

**I will tell the NDIS when something important changes (or is going to change) like moving house, starting work or school, or when my goals change.**

**Pretend Person**



## Part 1: About me

This part of my Participant Statement is about me, my daily life, and the people in my life.

### Where I live and the people I live with

I live with four other residents in a group home.

### People in my life who support me

My mum and family are very important to me. I like going out shopping with mum for new clothes. My friends are at my work and my best friend is Debbie.

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### My daily life

I like going to the disco and shopping with the staff.

I like to help around the house with the washing and cooking.

I am involved in self advocacy, where I learn to speak up about what employees need at our work.

At Brown Service my favourite thing is gardening and going on trips, like to the Botanic Gardens.

# Pretend Person



## Part 2: My Goals

This part of my Participant Statement lists my goals and things I want to work towards during this plan

**My First Goal is:** To continue to go to work and day activities.

**During this plan I want:** To continue to have support to participate in work placement.

**During this plan I want:** To continue to have support to attend day activities.

**My Second Goal is:** To continue to live at my group home.

**During this plan I want:** To be supported to live in my group home.

**During this plan I want:** To be supported to participate in household tasks.

**During this plan I want:** To have support with managing my continence needs at home.

**My Third Goal is:** To continue being involved in self-advocacy.

**During this plan I want:** To continue to participate in Employee Committee and other worker forums.

**During this plan I want:** To continue to learn more about self advocacy to increase my independence and be empowered to make my own life decisions and choices.

**My Fourth Goal is:** To visit my mum and family regularly.

**During this plan I want:** To continue to visit my mum each month.

**During this plan I want:** To try taxis to visit my sister when she comes across from South Australia.

# Pretend Person



## Part 3: My Supports

These are the supports that will help me to work toward my goals.

### Family and friends

This is what the NDIS call 'informal' supports.

Who will provide the support?	Type of support
Mum - Carol Blogs	Support for Betty to participate in meetings with the NDIA and with the services that she uses.

### Services and community groups

These supports might include things like health or mental health services, schools or education services, community groups, sporting or hobby clubs or other government services. This is what the NDIS call 'community and mainstream' supports.

Who will provide the support?	Type of support
Colac Otway Shire Meeting Place	Monthly disco on Thursday evening from 7.30 - 10pm
VALID	Attending the Having a Say conference through applying for sponsorship for Registration fees.

# Pretend Person



## Part 4: NDIS reasonable and necessary support budgets

I can choose how I spend the amount in each budget listed below by checking the NDIS price list and the matching supports on the NDIS website participant page [ndis.gov.au/participants](http://ndis.gov.au/participants).

Where a support is listed in my plan as 'stated' I must purchase this support as it is described in the plan. I cannot swap 'stated' supports for any other supports listed in the price list.

<b>Assistance with daily life at home in the community, education and at work</b>	<b>Budget \$17,901.00</b>
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**Reference number:** 0001

**How will the supports be paid:** NDIS will pay my support provider directly for these supports

**This support budget can only be used from:** 20 December 2015 to 19 December 2016

**Purpose of Support:**

Year 1:

2 days (16 hours) per week of centre based group activities - to support Betty to increase daily living skills, independence and community participation (can be used flexibly as required).

\$2200 - continence products as required including delivery

\$500 - Contribution to community participation activities that support Betty to build her capabilities and independence and support her to increase her health/well being and community participation.

<b>Assistance with daily life at home in the community, education and at work</b>	<b>Budget \$17,901.00</b>
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**Reference number:** 0001

**How will the supports be paid:** NDIS will pay my support provider directly for these supports

**This support budget can only be used from:** 20 December 2016 to 19 December 2017

**Purpose of Support:**

Year 2:

2 days (16 hours) per week of centre based group activities - to support Betty to increase daily living skills, independence and community participation (can be used flexibly as required).

\$2200 - continence products as required including delivery

\$500 - Contribution to community participation activities that support Betty to build her capabilities and independence and support her to increase her health/well being and community participation.

# Pretend Person



Transport to access daily activities	Budget \$3,326.00
<b>Reference number:</b> 0002	
<b>How will the supports be paid:</b> NDIS will pay my plan manager directly for these supports	
<b>This support budget can only be used from:</b> 20 December 2015 to 19 December 2016	
<b>Purpose of Support:</b>	
Year 1:	
Transport /km's attached to getting to work, day activities and going to see family .	

Transport to access daily activities	Budget \$3,326.00
<b>Reference number:</b> 0002	
<b>How will the supports be paid:</b> NDIS will pay my plan manager directly for these supports	
<b>This support budget can only be used from:</b> 20 December 2016 to 19 December 2017	
<b>Purpose of Support:</b>	
Year 2:	
Transport /km's attached to getting to work, day activities and going to see family	

Improved daily living skills	Budget \$113,808.00
<b>Reference number:</b> 0003	
<b>How will the supports be paid:</b> NDIS will pay my support provider directly for these supports	
<b>This support budget can only be used from:</b> 20 December 2015 to 19 December 2016	
<b>Purpose of Support:</b>	
Year 1:	
Support to live in shared living (5 residents Standard level)	

Improved daily living skills	Budget \$113,808.00
<b>Reference number:</b> 0003	
<b>How will the supports be paid:</b> NDIS will pay my support provider directly for these supports	
<b>This support budget can only be used from:</b> 20 December 2016 to 19 December 2017	
<b>Purpose of Support:</b>	
Year 2:	
Support to live in shared living (5 residents Standard level)	

Pretend Person



**Improved daily living skills** **Budget \$277.00**

**Reference number:** 0004  
**How will the supports be paid:** NDIS will pay my support provider directly for these supports  
**This support budget can only be used from:** 20 December 2016 to 19 December 2016  
**Purpose of Support:**  
Year 1:  
Continence Assessment: 3 hours

**Improved daily living skills** **Budget \$277.00**

**Reference number:** 0004  
**How will the supports be paid:** NDIS will pay my support provider directly for these supports  
**This support budget can only be used from:** 20 December 2016 to 19 December 2017  
**Purpose of Support:**  
Year 2:  
Continence Assessment: 3 hours

**Assistive technology** **Budget \$1,200.00**

**Reference number:** 0005  
**How will the supports be paid:** NDIS will pay my plan manager directly for these supports  
**This support budget can only be used from:** 20 December 2015 to 19 December 2016  
**Purpose of Support:**  
Year 1:  
\$1200 Equipment repairs/servicing.

**Assistive technology** **Budget \$1,200.00**

**Reference number:** 0005  
**How will the supports be paid:** NDIS will pay my plan manager directly for these supports  
**This support budget can only be used from:** 20 December 2016 to 19 December 2017  
**Purpose of Support:**  
Year 2:  
\$1200 Equipment repairs/servicing.

**Pretend Person**



<b>Finding and keeping a job</b>	<b>Budget \$1.00</b>
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**Reference number:** 0010  
**How will the supports be paid:** NDIS will pay my support provider directly for these supports  
**This support budget can only be used from:** 20 December 2015 to 19 December 2016  
**Purpose of Support:**  
Year 1:  
3 days (24 hours) per week of Supported Employment (ADE) - to support Betty to maintain placement at supported employment (Quote to be provided)

<b>Finding and keeping a job</b>	<b>Budget \$1.00</b>
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**Reference number:** 0010  
**How will the supports be paid:** NDIS will pay my support provider directly for these supports  
**This support budget can only be used from:** 20 December 2016 to 19 December 2017  
**Purpose of Support:**  
Year 2:  
3 days (24 hours) per week of Supported Employment (ADE) - to support Betty to maintain placement at supported employment (Quote to be provided)

<b>TOTAL NDIS PLAN AMOUNT</b>	<b>\$273,026.00</b>
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# Pretend Person